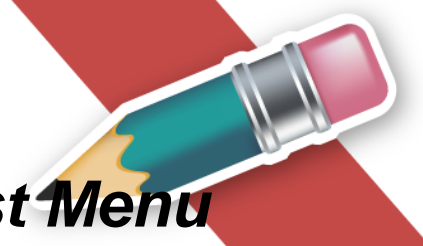


# AUGUST | 2024

## Evart Middle School Carb Count Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31 <b>DAILY CHOICES:</b> Cereal-23 Poptart-73-76 Granola Bar-17 Nutrigrain Bar-25 LG Cereal Bar-51-52	1	2 CHOCOLATE MILK-24 WHITE MILK-11 STRAWBERRY MILK-22
5	6	7 Cereal Bar-30 Oatmeal Bar-25 Fruit Juice-13 Apple-18 Banana-27 Go Gurt-8	8	9
12	13	14 Yogurt Cup-12 String Cheese-1 CoJack Stick-1 Cojack Cubes-1 Cereal Bowl-44-48	15	16
19 SAUSAGE BAGEL-23 OR FRUDEL-36	20 OMELET-1 OR DUTCH WAFFLE-38	21 BREAKFAST SANDWICH-27 OR CINI MINI- 40	22 PANCAKE WRAP-17 OR ASSORTED MUFFIN-56-67	23 BREAKFAST BAGEL-23 OR ASSORTED DONUT-29-41
26	27	28	29	30

### News

WELCOME BACK TO THE 2024-2025 SCHOOL YEAR!

Breakfast is offered to all students for FREE, it is not mandatory to participate, but we encourage our students to eat breakfast for a good start to their day!

Due to product availability menu is subject to change without notice.

Evart Public Schools is an equal opportunity provider and employer.

Any questions or concerns please call the FSD at 231.734.4222