

**Evart Public Schools**

**January 2023**

**SCHOOL BREAKFAST: HEALTHY, CONVENIENT AND SMART**

**If your children aren't starting their day with a nutritious breakfast, then they aren't starting their day ready to learn. Many studies show that hungry children have a hard time concentrating in class, they have more behavior problems and they even score lower on standardized test than do their counterparts. That's why Evart Public Schools offers breakfast to all students in the district at no cost to promote School Breakfast.**

**The district's administration and faculty are excited about the School Breakfast Program because they know it improves students' performance in school.**

**School Breakfast is open to all students at each building. Menus are available for students regularly and are available on our school web page.**

**Breakfast is served at the High School in the Cafeteria at 7:30 AM and the Middle School is served from the Cafeteria at 7:20 AM, the Elementary School is served in the classroom at 7:35 AM.**

**The School Breakfast Program is administered by the Michigan Department of Education.**

**For more information about the School Breakfast Program, please call**

**Angie Cushman, FSD at 231.734.4214.**